

Sanatana Atma Yoga Anusandhana Kendram



This is to certify that

SHREYA MUGABAST

has successfully completed

Ashtanga Yoga Teacher Training Course - 200 Hours

In the Gurukulam System of Yogic Studies which includes
the Practice and Philosophy of Yoga, Teaching Methodology,
Yoga Anatomy, Kriyas, Pranayamas and Traditional Meditation Techniques.

Mysuru, India



Reg. No. AY/SY032024/2399

Date: 28-03-2024



Yogacharya Rakesh

Director
Samyak Yoga