



4.8 CECs

ACE Approved No
CEP204600



PREHAB 121™
ACADEMY



48 CECs

ACSM Approved No
885783

CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

Shreya Mugabast

HAS MET THE REQUIREMENTS ESTABLISHED BY PREHAB 121 ACADEMY &
HAS GAINED FUNDAMENTAL KNOWLEDGE & SKILLS TO UNDERSTAND, CONDUCT &
DESIGN SPORTS & EXERCISE NUTRITION PROGRAMS

SPORTS & EXERCISE NUTRITION

AWARDED ON 1ST January 2026

032931

Registration No



Dr Luqman Shaikh (PT)
Founder Prehab 121 Academy