



3.2 CECs

ACE Approved No
CEP204376



PREHAB 121™
ACADEMY



32 CECs
ACSM Approved No
885783

CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

Shreya Mugabast

HAS MET THE REQUIREMENTS ESTABLISHED BY PREHAB 121 ACADEMY AND
GAINED FUNDAMENTAL KNOWLEDGE AND SKILLS TO UNDERSTAND, CONDUCT AND
DESIGN STRENGTH & CONDITIONING TRAINING PROGRAMS

STRENGTH & CONDITIONING TRAINING SPECIALIST (LEVEL 6)

AWARDED ON 15TH OCTOBER 2025

023126

Registration No



Dr Luqman Shaikh (PT)
Founder Prehab 121 Academy